

Questions and Answers

What if I don't have CPR and First Aid training?

We will be training you during pre-camp.

What time should I arrive on June 3.

The first event on our Pre-camp schedule is dinner at 6pm. Parents bringing staff to camp are invited to stay for our "summer kickoff dinner." Please RSVP for them by May 25. You are welcome and encouraged to arrive earlier to get your bunk set up and get unpacked. Your living area will be ready after 2pm. You need to be here by 5:30pm. If you're working one or all of the three weeks before pre-camp, you'll be getting more information about arrival as the summer gets closer.

What if I need to fly, take a train or bus?

Just call or e-mail us as soon as you have your ticket schedule so we can arrange to have someone meet you at the airport, train or bus station. JH3R@cs.com or 1-800-252-4178. We will be happy to provide you with bedding and towels to save you move in your luggage. Let us know.

Will my parents have a place to stay if they are bringing me to camp?

If your parents don't mind "roughing it" we may be able to house them in a cabin. Otherwise we can recommend several hotels in the area. These hotels are approximately 30-35 minutes from camp:

When do I get paid?

Paychecks for summer staff will be issued approximately every two weeks. One Hundred Dollars (\$100) from your first paycheck will be deposited in a Camp Store account on the day you arrive. This will allow you to make purchases in the Store and allow you to get cash for weekends or any other purpose you may need cash. Any remaining money on your account will be returned to you on the day you leave. We suggest you keep no cash with you at camp.

What about weekends?

Staff are free of Ranch duties from the time you are dismissed on Friday night until Sunday at 3pm. We strongly suggest you use this time for both personal rest and recreation. Triple-R is located about 20-30 minutes from several malls, Wal-mart, many restaurants, Virginia Beach oceanfront, and approximately one hour from Colonial Williamsburg.

- Pre-camp training is from June 3-14. There will be planned trips to town and the beach during this training time. Your first full day off will be Saturday, June 20.

What if I need other time off (wedding, family reunion, etc.)?

If you have an event that you feel you must attend you may submit your request to the Summer Camp Director before Pre-camp. Your presence at camp is vital to smooth camp operations.

Parent's Page

We post around 40 pictures each day on our Parent's Page. This is a great resource for family and friends to see a little of what you will be doing. www.triplerranch.org

What about meals on weekends and snacks?

Triple-R will provide breakfast on the weekends. Other meals on weekends are not provided, however peanut butter and jelly are always available. Sunday supper is served to staff and campers each week. Snacks are available in the camp store (Trading Post). We do not recommend keeping snacks in living areas, which often attracts bugs. If you choose to keep food in your living area, please keep it sealed in an air-tight container. A refrigerator in the staff lounge is available for your use.

What about church on Sundays?

Church during Pre-Camp is planned for you; otherwise you may choose to go to the church of your choice. Full-time staff members will always provide a ride to their church and provide an opportunity for you to buy lunch. **Sleeping in on Sundays is not an option.**

How can I receive mail?

Family and friends can use this address: Your name, Triple-R Ranch, 3531 Bunch Walnuts Rd., Chesapeake, VA 23322-2899. Mail is delivered to your cabin boxes by dinner each day. Outgoing mail is picked up from the lodge every morning.

What about e-mail?

The camp has a central computer for summer staff use. Each staff member will be able to send and receive e-mail. We'll give you more details about how to utilize this benefit when you arrive.

Will I have a phone available to me?

A phone will be provided for your use. You may use this during any free time you have. Emergency phone calls and calls that require more privacy may be placed from the office. Not all cell phones get reception here. If your cell phone does get reception, we ask you to limit the use of it to your free time. You are not allowed to carry your cell phone around camp all day. Please let your family know you will return their phone calls on your time off.

Can family and friends phone or visit me during camp?

It is best to set up a time to phone them. Important calls can be made to the office (757)421-4177. A message will be taken for you. You can then return the call on your "off time". Because of your busy schedule during the week, visits while camp is in session often prove unproductive. We encourage you to plan visits on weekends, which will help to insure quality time.

Please give your family my home number. In cases of emergency after the office is closed, they may call me at 757-421-9788 or the Nurse's station 757-421-3863.

When can I do my laundry?

The Ranch does provide you with a laundry facility. A rotating schedule is made during Pre-Camp to assure fair time for everyone.

Is there a Dress Code?

You are a role model to our High School workers, campers and each other. We ask you to dress consistently with conservative Christian standards. This means:

- Clothing should contain no holes or in any way be designed to draw attention to areas of the human body that are traditionally considered private.
- Shorts for girls should be conservative.....at least a 3" inseam and not too tight.
- No undergarment (boxers, underwear, bras) should ever be visible. No spaghetti straps. If tank tops are worn, please wear two or if one is worn it should have a two inch wide strap.
- Any shirt worn should not be too tight and should continue to cover stomach area when arms are raised. We suggest wearing ordinary t-shirts; this saves on the wear and tear of your good clothes.
- Modest one piece swim suits for ladies or modest tankinis. College Staff are the only ones allowed to wear Tankinis because we trust your discretion in picking the right one. Tankini must completely cover your stomach and cover the top of the bottom you select. No bikini bottoms. Guys should wear full cut trunks with a lining.
- Shoes and shirts must be worn at all times while at camp.
- The Program Director and the full time staff reserve the right to require you to change clothing on request according to their judgments on the above guidelines.
- Ranch hands and barn staff are asked to wear long pants and work shoes while working.

What if I have a tattoo or body piercing?

Again, you are a role model to everyone at camp. We realize tattoos are permanent but depending on the tattoo and it's location, you may be asked to keep it covered. Girl staff members may not wear jewelry on any piercing other than the ears. Guys may not wear any "piercing" jewelry. During your summer at Triple-R, we ask that you do not get tattoos or body piercing.

What to bring?

- o Bible and any devotional material you use
- o Towels, washcloths, beach towel for pool
- o T-shirts, short sleeve shirts, shorts, jeans/long pants for hiking and horseback riding
- o Sunday clothes for church and special occasions
- o Sweatshirt or two
- o Laundry bag
- o Alarm clock
- o Bug repellent
- o Bunk bedding (This works better than a sleeping bag. It's easier to wash)
- o If you are a girl counselor, you will have a double bed so plan your bedding accordingly.
- o Tennis shoes (canvas shoes dry out more quickly than leather when it rains), flip flops, crocks are wonderful.
- o Raingear (umbrella and/or poncho)
- o Small reading lamp
- o Flashlight and extra batteries
- o Shampoo, soap, etc... and a bucket or basket to carry them
- o **Come as light as possible. Your storage area is very limited!!!!**

Noteworthy Extras: (not necessary but nice to have)

- o Iron
- o Journal note book
- o Throw rug for bedside
- o Mirror for cabin area
- o Musical instrument if you play
- o Bedtime story books to read to campers.
- o Stationary and stamps
- o Glade plug-ins and refills
- o Camera
- o Lap tops and cell phones are allowed but great discretion is advised in using them. They are allowed to be used during the times you have off. They should not be used in the presence of campers.
- o Extra shelves or the three drawer plastic containers are great. Target sells a set of wire shelves for less than \$20 that snap together easily.

Do not bring:

- o TV
- o Audio/music systems -- You may bring a personal unit with headphones and they should be used with discretion and may not have any external speakers. It MUST be a headphones only unit. Again you are a role model to everyone at camp. We would like to suggest that you bring only Christian music to listen to and share with others. If you are a counselor, praise and worship style of music is allowed to be played on external speakers in cabins. Guidelines will be given during pre-camp.
- o Video games
- o Movies